



## WHERE WE ARE NOW

"To live is the rarest thing in the world. Most people exist, that is all."-Oscar Wilde

If you had to breathe your last breath today would you be happy with the life you have lived? Would it be fulfilling to know that the business you always wanted to start or the book you never finished writing will now be obsolete? How about the fear that got in the way of that trip to Paris or the moment to swim with dolphins that now you will have no memory of?

It is so true that most of us are just existing and not fully being present in our lives. The most rewarding gift you can give to yourself is the gift of LIFE and actually living it. Do exactly what it is you want to do without the feeling of guilt; you know that "maybe I shouldn't live my life how I want" DO NOT live like that.

I challenge you to do whatever you want, breathe in life and start LIVING without handle bars.

BEGIN LIVING NOT, JUST EXISTING.